



Nancy Cowan School of DANCE

November 2009 - FALL NEWSLETTER

Our dance year has begun and we are already approaching our end of term performance. Each class has been working on a piece to perform at this show. The students will be dancing to music from the Nutcracker Suite, La Boutique Fantastique, Christmas themed scores and more.

I hope you can attend. This performance is open to the public, invite family and friends to attend. Following are details you should know about the performance for yourself and for your dancer.

INFORMAL PERFORMANCE SATURDAY, DECEMBER 12

(approximate length is 75 minutes)

(Note: there are no classes performance day.)

- ❖ Performance will be held on the stage at the W.B. George Centre in the College complex across from the hospital in Kemptville.
- ❖ **Tickets will be available starting Nov 21 for the show. \$6 in advance and \$8 at the door.** This is to help offset the cost of renting the facility. Children 4 yrs and under are free. (The dancers do not pay admission.) Ask Nancy or Jennifer for tickets.
- ❖ If your child is unable to attend please inform Nancy or Jennifer as soon as possible.
- ❖ **The show starts at 12:00 noon. Dancers should arrive around 11:00 a.m.** to put on their accessories/costumes.
- ❖ Ballet III and adult classes - location to be determined for changing.
- ❖ Creative Dance, Pre-Ballet I and Ballet II will use the girls changeroom for changing. Accessories/Costumes will be found in the changeroom
- ❖ Pre-Ballet II, Ballet I and Jazz classes will use the boys changeroom. Accessories/Costumes will be found in the changeroom
- ❖ Dancers should get into their costumes/accessories on arrival then sit with their parents as part of the audience until a couple numbers before they are to perform.
- ❖ Please help your child to line up to the audiences' left along the wall two numbers before they go on. The MC will call each number up to the stage.

- ❖ After performing the dancers will exit the stage on the audience's right. Please greet your child as they descend the stairs.

Unfortunately this year we are not allowed to have refreshments after the show. The facility does not allow us to bring our own.

REMINDER FOR PARENTS TO BE QUIET DURING CLASSES - PLEASE

I do not mind observers to the classes but please respect our efforts to focus on ballet. Observing from the balcony keeps you, somewhat, out of the children's eyeline. However your voices and other noises carry quite loudly down to the class level. If you must stay during class time please observe from the balcony and ensure there is quiet and help me by asking others to be quiet. (The door in the change area is broken (yet again). Please keep siblings away from here. It is very distracting to have their faces peering in at the dancers during class time.)

I thank you for your co-operation in this matter.

SECOND TERM REGISTRATION

Attached is a registration form for the second term. Please fill in and return with payment to Nancy or Jennifer as soon as possible. Your cheques may be postdated to **January 2010**. Registration forms can be faxed or mailed as well. If you lose the form you can download it from the website at www.nancycowanschoolofdance.com.

The Second term commences:

January 9 for Saturday classes

January 13 for Wednesday classes.

Please let Nancy or Jennifer know as soon as possible whether your child will be attending in January or not. Thank you.

CONTACT

If you have any questions or concerns please contact Nancy.

Tel: 613-260-2154 or 613-293-5676

Email: nancycowan@travel-net.com

Fax: 613-260-2484

(Please read other side of page)



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WINTER IN LESLIE HALL

A reminder to everyone to remove wet winter boots at the door in Leslie Hall. The dancers leather slippers will be ruined if they step in the wet. As well, please keep the front door closed as much as possible to keep the cold out of the dance area. Dancers in the morning classes should have a close fitting sweater or turtleneck to wear during class to keep them warm – no baggy sweatshirts, ponchos or such.

- Please have the little dancers visit the washroom **before** class.
- Do not tie slipper strings tight. You can damage the Achilles tendon. The elastic over the top of the foot is to keep the slipper on the foot. If this is loose please re-sew it.

USED AND NEW SLIPPERS, BODYSUITS AND TIGHTS FOR SALE. Most items are \$10 each. Some items are new and are priced accordingly. Contact Nancy for more details.

Item #	Colour	Item	Size
2	Black	Ballet Slippers	3
3	Black	Long sleeve body suit	10
6	Pink	Short sleeved bodysuit	2-4
9	Pink	Ballet slippers	5
10	Black	Tights (new)	10-12
13	Pink	Ballet slippers	12 D
15	Black	Body suit	Med
16	Pink	Short sleeved bodysuit	2-4
17	Pink	Ballet slippers	Ladies 8
18	Black	Short sleeve bodysuit	4-7
25	Black	Short sleeve bodysuit	4-7
26	Pink	Ballet slippers	13
27	Black	Short sleeve bodysuit	Ladies S
28	Black	Jazz slippers	Adult 7
29	Black	Tights	Med
32	Black	Jazz slippers	4
34	Pink	Ballet slippers	10 D
36	Pink	Body suit	6

GENERAL REMINDERS

- Hair should be in a pony tail or bun for classes. short hair can be hairclipped back off the face.
- **No chewing gum in class.**
- Close fitting sweaters, not baggy sweatshirts, can be worn in class when the temperature is cool. Remember it is important for the instructor to see your body line.

IMPORTANT DATES

DECEMBER 2009

- 5th Saturday BALLETT classes will be held in the gymnasium of the South Branch Elementary School – beside the Hospital
- 12th End of term performance at W.B. George Centre. Show time: 12:00pm.

December 13 to January 8 – Winter Break

JANUARY 2010

- 9th Saturday classes start
- 13th Wednesday classes start
- 30th No Ballroom classes

MARCH 2010

- 20th No classes re: March

APRIL 2010

- 3rd No Saturday classes re: Easter Weekend

MAY 2010

JUNE 2010

- 5th Dress Rehearsal at WB George Centre
- 6th Performance at WB George Centre